



**“I saw Sheila
the other day,
she doesn’t
look as
though she’s
had a decent
meal in ages...
I’m worried
about her.”**

**It could be your friend, it could
be your neighbour, self neglect
can affect anyone.**

**If you are worried that someone is neglecting
themselves, don't ignore it, call now; there is help and
support available locally.**

Call Lancashire Adult Social Care today on:

0300 123 6721

**Every call is important and your concerns will be taken
seriously. Safeguarding is everyone's business**



**lancashire
safeguarding
adults board**

www.lancshiresafeguarding.org.uk